



ORDERING GUIDELINES  
TO HELP US BETTER SERVE YOU

Email order to [delivered@marketeatz.com](mailto:delivered@marketeatz.com).

Delivery is available for no less than 6 people.

Please include an individual name for each meal as well as any food allergies.

Orders must be received before 8PM the day before expected delivery.

**Delivery Fee \$10**

Delivery available to locations within 10 miles of 819 E Broussard, 70508.

For arrangements outside of these guidelines please request a call from our management team.

MARKET EATZ FOOD IS PREPARED WITH NO SEED OILS

Gluten Free options available for buns (+\$1.50) & tacos (+\$1.05)

wrap it up

comes with zapp's chips

**truffalo chicken wrap (spicy)** \$12.5

white flour tortilla wrap, cheddar cheese, truffle hot sauce, tomatoes, smoked chicken thighs, bacon, side of homemade ranch

**ragin wrap** \$12.5

flour tortilla, shrimp (grilled or fried), sweet chili glaze, spring mix, mayo

**bacon jam wrap** \$13.75

our bacon jam burger with fresh avocado all wrapped up in a warm flour tortilla

**mediterranean wrap** \$12.75

spinach wrap, sous-vide chicken, feta, tomatoes, greek dressing, spring mix  
sub steak or shrimp +\$2

**avo-caesar wrap** \$9.75

spinach wrap, fresh chopped romaine-spring mix, sliced avocado, bacon, fresh grated parm, croutons, avo-caesar dressing  
add chicken +\$2 • add steak or shrimp +\$3

burgers



served on a buttered brioche bun (GF option \$1.50)  
comes with zapp's chips

**market single** \$11.75

angus beef, cheddar cheese, sautéed onions, candied jalapeños, garlic aioli

**truffle jonathan** \$12.5

angus beef, havarti cheese, sautéed onions, spicy truffle mayo, housemade pickles

**the mac daddy** \$13

angus beef, mac & cheese, Steen's bacon, candied jalapeños, crunchy onions, spicy mayo

**the bacon jam** \$12.5

angus beef, swiss cheese, sautéed baby bellas, candied jalapeños, garlic aioli



add a **homemade chocolate chip cookie**  
to any meal for \$1.00



bowls

served on brown rice & quinoa or mixed greens or both  
+ chicken ... \$4 + steak or shrimp ... \$5

**mediterranean** \$11.25

preserved lemon tahini vinaigrette, spiced chickpeas, cucumber, tomato, feta cheese, fresh herbs

**baja** \$11.25

salsa verde, tomato, cotija cheese, black beans, roasted corn salsa, avocado, shredded lettuce, lime sour cream, cilantro

**taco** \$14

pick your favorite taco over shredded lettuce, black bean salsa, sriracha ranch, tortilla strips



sinless salads

served on fresh greens  
+ chicken ... \$4 + steak or shrimp ... \$5

**market avocado caesar** \$11.25

avocado-caesar dressing, chopped romaine spring mix, sliced avocado, bacon, croutons, fresh grated parmesan cheese

**classic cobb** \$11.25

black pepper buttermilk ranch over chopped romaine spring mix, bacon, crumbled blue cheese, avocado, tomatoes, pickled red onions, hard boiled egg

**market side salad\*** \$5.5

chopped romaine spring mix, cucumbers, tomato, croutons, choice of dressing

\* can be added to any sandwich or burger



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Earn points for free eatz & more!

between the buns

comes with zapp's chips

**the matty** (all proceeds to Journey House Sober Living) \$13.75

butter garlic shrimp, spicy mayo, slaw, candied jalapeño, Zapps, toasted ciabatta roll, lots of napkins

**smoked beef** \$14.5

smoked beef shoulder, havarti cheese, sauteed onions, garlic aioli, candied jalapeño, toasted ciabatta roll, lots of napkins

**fried chicken** \$11.5

slaw, house pickles, spicy mayo, toasted brioche bun

**chicken b.l.t.** \$12

sous vide chicken breast, bacon, lettuce, tomato, provolone cheese, candied jalapeños, garlic aioli, toasted brioche bun

**patty melt** \$12.5

two angus patties smashed, swiss cheese, sautéed onions, candied jalapeños, spicy mayo, toasted brioche, lots of napkins!



tacos

served on flour tortillas (+GF option ... \$1.05)  
comes with side of corn salsa

**taco trio** \$14  
your choice of 3 tacos:

**chicken**

sous vide chicken breast, sautéed onions, avocado, roasted corn salsa, candied jalapeños, lime sour cream, cotija cheese

**pork belly**

smoked pork belly, avocado, roasted corn salsa, watermelon, spicy mayo, cotija cheese

**bam bam!**

fried shrimp, shredded lettuce, tomato, spicy mayo, candied jalapeños, cotija cheese

**steak**

grilled, sautéed onions, candied jalapeños, shredded lettuce, salsa verde, lime sour cream, cotija cheese



add a **homemade chocolate chip cookie**  
to any meal for \$1.00